



Sharon Abernathy

MAY 30, 1956 - MAR 1, 2025



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Sharon Abernathy passed away on March 1, 2025 at Anniston Regional Medical Center. She was 68 when the Lord called her home, a kind, loving and strong woman who devoted her life to her family. Her warmth and generosity touched the lives of everyone that was blessed to have known her.

Sharon was born on May 30, 1956 to the late William “W.C.” and Frances (Davis) Abernathy in Anniston, Al. She is preceded in death by her parents, sister, Vickie Molan and brother, Howell Abernathy.

Her memory will forever be cherished by her daughter, Amanda Grindle of Weaver AL. Her sister Vivian (Rick) Mattingly of Washington IN. Brother Hugh Abernathy of Alexandria AL. and Grandson, Dylan Martin of Auburn AL. Numerous nieces, nephew and cousins will miss her radiant smile that lit up any room she entered. Although Sharon is gone from our sight she will live in our hearts and minds forever. She was such a beautiful soul that loved spending time with her family and friends. A Celebration of Sharon’s life will be held at a later date allowing her family and friends to come together and remember the remarkable woman she was.

In lieu of flowers, the family has requested contributions be made to your favorite charity in Sharon’s name.

Legacy of Love

A wife, a mother, a grandma too,
This is the legacy we have from you.
You taught us love and how to fight,
You gave us strength, you gave us might.
A stronger person would be hard to find,
And in your heart, you were always kind.
You fought for us all in one way or another,
Not just as a sister not just as a mother.



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For all of us you gave your best,
Now the time has come for you to rest.
So go in peace, you've earned your sleep,
Your love in our hearts, we'll eternally keep



Memories only last if you share them

Join us in honoring Sharon by contributing to a collection of shared memories.



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